CLAIMS

- 1. A container for vacuum packing, comprising:
- a base panel to be put into a vacuum bag, with an item to be packed being laid on the base panel; and
- 5 a front panel provided at a front position of the base panel, with an air hole formed on the front panel.
 - 2. The container according to claim 1, wherein an embossment is provided on the base panel to define an air discharge path.
- 3. The container according to claim 1 or 2, wherein a juice storage trough is provided at a position around the base panel.
 - 4. The container according to claim 1 or 2, wherein the base panel is adjustable in length.
- 5. The container according to claim 1 or 2, wherein a first guide panel extends outwards from a position above the air hole to a predetermined position, and a second guide
 panel extends outwards from a position under the air hole to a predetermined position.